# Families & Learning A Publication of the Connecticut Statewide Family Literacy Initiative, a Project of the State Department of Education

# Family Literacy ~ Every Family, Every Day

amilies practice family literacy all the time without knowing it – reading with a child, watching and discussing TV, helping with homework, having conversations at meals or the supermarket. Here are just some of the ways to enhance literacy in everyday activities:

Working together to write shopping lists, read coupons or recipes, pay bills.

Reading together - a novel, TV guide, labels and information on videos or CDs, and religous materials.

Helping with homework; reviewing and discussing school papers; reading and responding to messages from school.

Writing notes to one another; reading messages on greeting cards.

Having fun while singing together, playing cards or board games, and telling stories.

Using the newspaper to find baseball scores, check the weather forecast or movie times.

What happens at home does make a difference. Children who are read to 30 minutes every day from birth enter kindergarten with 900 hours of reading experience. Those who are read to only 30 minutes a week enter school with just 60 hours of this important preparation. That is 840 hours of difference family literacy can make in a child's

### Schools Promote Family Literacy Fun

Reading Starts with Us: New Britain Public Schools. Reading Starts with Us is a family literacy program published by Scholastic, which promotes the value of families reading together. Workshops introduce parents to many types of children's literature and teach fun strategies to help children become better readers. These strategies can be used by families at all literacy levels. For more information on how it is used in New Britain, please contact Adnelly Marichal, Assistant Coordinator of Language Arts, (860) 827-2245.

Family Geography Challenge: Morley School, West Hartford. The Family Geography Challenge is an easy to use kit published by National Geographic, which helps schools recruit families to discover more about the world through current events. The Challenge kickoff is a fun one-hour workshop at which families learn how to use news media, maps and questions to learn geography together. For more information on how well it worked at Morley School, please contact Erin McGurk, Curriculum Specialist, (860) 233-8535.

Parents + Schools = Student Success:

Danbury Public Schools Community Resource
Center. The curriculum, developed by the
Resource Center's Adult Education and Parent
Involvement Programs, combines ESL instruction,
information that helps parents understand and
negotiate schools, and parent and child activities.
Topics include understanding report cards, what
to do at parent teacher conferences and the
importance of parent involvement. For more
information on this innovative curriculum, please
contact Virginia Mitchell, WERACE Program
Director, (203) 797-4731.

first 5 years. Imagine the difference as kids grow up in families that enjoy literacy every day!

## Literacy: From Awareness to Action

As awareness of the full meaning and impact of family literacy increases, schools and organizations move toward effective action, expanding and strengthening Connecticut's existing network of family literacy providers. Where are you and your school or programs' beliefs and practices?

Unaware	Aw	are III				Action
Believe	Maintain	Accept	Encourage	Have formal	Include	Include
family literacy	literacy	limited	limited	relationship	literacy	Family
level not	needed	literacy is a	literacy	with literacy	instruction in	Literacy as
relevant to full participation in programs	for some programs or materials	significant barrier to successful participation	parents to enroll in literacy classes	programs to provide literacy services to families	some family program components	a service component

Adapted from Massachusetts Family Literacy Consortium Baseline Evaluation (1998).

## Are You Part of the Action? Family literacy can be part of any program.

The Connecticut Statewide Family Literacy Initiative surveyed programs including Even Start, Head Start, family resource centers, adult education, libraries, and all public schools. While 617 out of over 900 responding (68%) report offering at least one component of family literacy, only 20% report offering all four components. Only 28 comprehensive programs (3%) meet the following "best practice" criteria.

- Offer all 4 components of family literacy
- · Recruit families throughout the year
- Formally evaluate outcomes for both children and parents, or for families as a unit
- Maintain family participation for at least 6 months
- At least 1 staff member has a graduate degree

This means that at least 97% of programs in our state could do even more to meet the literacy needs of Connecticut families! Family Literacy can be incorporated into any program that touches families. How can you and your school or program be part of the action?

The 4 Components of FamilyLiteracy:

Early Childhood Education. Ageappropriate education to prepare children for success in school and life experiences. Parenting Education. Training for parents on how to be the primary teacher for their children and full partners in their children's education. Adult Learning. Parent literacy training that leads to economic self-sufficiency. Parent and Child Together (PACT) Time. Interactive literacy activities between parents and their children.

#### The Family Development Credential: Empowering Workers

Connecticut's Family Development Credential and Training Program (FDC) is moving at a fast pace. Recently 49 professionals were certified as FDC trainers, and classes are being offered throughout the state. An important focus of the training is worker empowerment. How can you work with families in empowering ways, when you may not always feel empowered yourself? Here are some ideas from the curriculum for how you can help create the conditions for empowerment - for yourself, as well as the families with whom you work. *Develop a personal vision for your work • Spend your time doing what is important not just what is urgent • Create a support system for yourself • Balance your work and family life • Create your own stress management and wellness program.* 

For more information contact Betsy LeBorious, Family Development Credential Coordinator at 860-509-3615.